



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

A nurse readies a phase-one recovery room for patients needing to be monitored for awhile.

New Additions at Inova Fair Oaks

Hospital opens medical office building, parking garage.

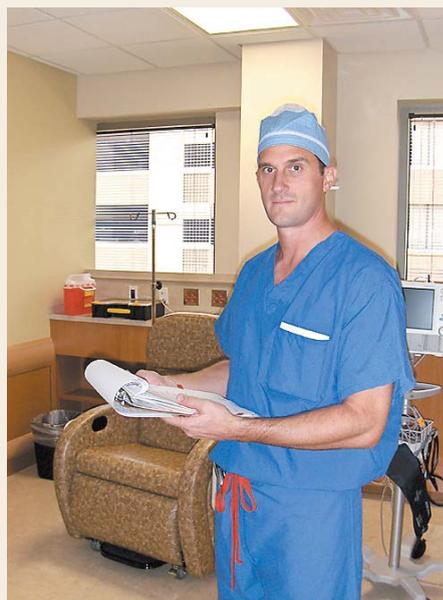
BY BONNIE HOBBS
CENTRE VIEW

Inova Fair Oaks Hospital has some new arrivals, but they don't need to be burped or changed. These new additions are a four-level, \$21 million, medical office building and a \$17.1 million, five-level, energy-efficient and security-monitored, 950-space parking garage.

On the second floor of the office building is a 23,209-square-foot Ambulatory Surgery Center. It's for outpatients and contains four operating rooms plus physicians' offices. It's already up and running, and John Fitzgerald, senior vice president, Inova Health System, and CEO, Inova Fair Oaks Hospital, couldn't be happier.

"Our two, existing office buildings are full; so when new doctors came, there wasn't a place for them," he said. "Completion of this building enables us to keep pace with physician demand for office space on our campus, while better serving the needs of our area's growing population."

The new medical office building is at 3620 Joseph Siewick Drive, and its outpatient surgery center is a joint



Orthopedic surgeon, Dr. Rick Layfield of Clifton, works on a patient's chart in a phase-two recovery room where patients may sit up and friends and family can visit.

venture between participating surgeons and Inova. In 2008, doctors at Inova Fair Oaks performed more than 12,000 surgeries in 10 operating rooms. Now there are 14 total operating rooms on campus.

"It's been well-received by both patients

SEE NEW ADDITIONS, PAGE 4

Rape Case Ends: 60 Years Prison

BY BONNIE HOBBS
CENTRE VIEW

Some crimes are just so heinous, they're hard to imagine anyone actually doing them. But to a little girl in Chantilly, they were all too true — and making matters worse, they were committed against her by her father.

Beginning when she was 6 years old and continuing for four years, her father raped her repeatedly. It wasn't until she was 10 that she had the courage to tell a relative about the real-life nightmare she was living — and at whose hands.

But on June 30, 2008, Fairfax County police arrested the father and charged him with abduction,

rape and aggravated sexual battery. And last Friday afternoon in Circuit Court, he was sentenced to 60 years in prison.

In sentencing him, Judge Bruce White spoke of the special relationship between a father and child and said fathers are normally "havens of safety and trust." But for this victim, said White, "Rather than finding safety in your arms, she found danger and abuse."

"This little girl is going to live with this, the rest of her life."

— Kelly Pearson,

The incident leading to the father's arrest happened last summer, and he's now 38. Centre View is not revealing his identity or address to protect the identity of his daughter.

SEE CHANTILLY MAN, PAGE 10

Centreville Day Is This Weekend

Celebration includes parade, food, international entertainment, games.

BY BONNIE HOBBS
CENTRE VIEW

Get ready for a full day of fun and entertainment. The 18th annual Centreville Day festivities are this Saturday, Sept. 26, beginning with a parade and ending with music

at the stage in Centreville's Historic District.

The Knights of Columbus Color Guard will lead the parade. Highlights include a youth band, local Scouts, fire engines, Potomac

SEE CENTREVILLE DAY, PAGE 3

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NEWS

'Friends of Marianne'

The Tsunami restaurant in Fair Lakes was closed down the evening of Sept. 1 for the announcement by Marianne Horinko of Chantilly that she would like to be a candidate for an elected office. If state Sen. Ken Cuccinelli (R) is elected as Virginia Attorney General in November, Horinko will enter as a candidate to fill his remaining Senate term. In a crowd of 75 'Friends of Marianne' are, from left to right, Smita Compton, Marianne Horinko, Wei Kent, Soo Choi, Liz Fong, and William Fong. Horinko manages a legal consulting firm and served as the chief of the U.S Environmental Protection Agency under President George Bush.



FAITH NOTES

Congregation Yad Shalom, located in Centreville, provides a variety of programs in a traditional format with a modern flair:

❖ Join the congregation for Rosh Hashanah, Yom Kippur, and Tashlich services to welcome the new year. Check the Web site for dates and times.

❖ Come shake the Lulav for Sukkot on Sunday, Oct. 4 — check the Web site for details.

❖ Ask about the K-2 Hebrew school for the children for the upcoming year.

For more information and/or directions, contact the Congregation at 703-579-6079, or visit www.yadshalom.com.

Liberty Middle School in Clifton will serve as the new temporary worship location for the congregation of Mount Olive Baptist Church while their new facility is built on the church's current Centreville site.

Temple Beth Torah is a Reform

Jewish congregation and member of the Union of Reform Judaism (URJ) that meets at St. John's Episcopal Church in Centreville.

Religious school is held at the Goddard School in Chantilly. The congregation offers the Northern Virginia Jewish community services that provide numerous spiritual, educational, support and social opportunities.

For more information, a newsletter, or a membership package, call 703-263-2252 or visit www.BethTorah.net.

“CELEBRATING OUR DIVERSITY”
Centreville at the International Crossroads
September 26, 2009
18th Annual Centreville Day

Entertainment on the “Justice Title & Escrow, LLC” Showmobile Stage:

11:00 AM – 11:30 AM: Opening Ceremonies including the National Anthem sung by Anne Albright; Greetings, Parade, Citizen of the Year, and other awards presented by Supervisor Michael Frey;

11:40 AM: Bull Run Cloggers

12:15 PM & 1:50 PM: International Dance Center Featuring Middle Eastern and Spanish Performances

12:45 PM: Christian Youth Dream Orchestra

2:05 PM Furia Flamenca

2:30 PM: Creative Dance Center

3:00 PM: Peace Mission Dance (Korean Dance Troupe)

3:30 PM: Korean Central Presbyterian Church Dance and Martial Arts Team

4:00 PM: Anne Albright and the All Stars Jazz Band

5:15 PM: Not Dead Yet Rock Band

Other Activities:

Parade 10am – 11am

Kid Zone and Moonbounces by The JumpWorks

Pony Rides and Petting Zoo

Historic Tours of Centreville, Mount Gilead, Civil War Forts

Living History Medicine Man, 42nd Virginia Re-enactors, & Swordmasters.

Performances by the Topaz Vaulters, and more!

Sponsored by
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ROUNDUPS

Chantilly Man Given Two Suspended Sentences

A Chantilly man accused of burglary and gun charges has been found guilty in court and given two suspended sentences. He is Frank Howe, 30, of 4619 Fillingame Drive in Brookfield.

Police arrested him after he entered a home unlawfully in the Meadows of Chantilly community. The incident occurred Saturday, July 4, around 12:30 a.m., in the 4200 block of Airline Parkway.

Police said Howe confronted a 28-year-old woman he knew and she told him several times to leave. He eventually did but, before fleeing, he brandished a gun at her. The woman then contacted police – who arrested Howe at his home and charged him with burglary of an occupied dwelling while armed and brandishing a weapon.

He appeared Aug. 26 in General District Court, and Judge Lorraine Nordlund found him guilty of both offenses. She then sentenced him to 12 months in jail on the burglary charge and six months on the firearm charge, suspending both sentences in their entirety.

Charge Goes to Grand Jury

One of the charges against a 30-year-old Manassas man has been dropped and the other is heading to the grand jury. He is Jesus-Santos Barrientos-Lopez of 6900 Iron Way.

Fairfax County police charged him with maliciously wounding a woman, 26, and a man, 28, on July 15. Police say the two victims were working in the Flame Kabob restaurant in the Greenbriar Town Center, around 5:13 p.m., when Barrientos-Lopez allegedly pulled out a knife and attacked both of them.

However, they were able to overpower and disarm him, and police responded and arrested Barrientos-Lopez – charging him with two counts of malicious wounding. He appeared Aug. 31 in General District Court and, at that time, one of his charges was dropped. Judge Mark Simmons then certified the other one to the grand jury for possible indictment.

Abduction Charge Goes Forward

In May, Fairfax County police charged a Fredericksburg man with assaulting and abducting a 23-year-old Fair Oaks woman he met online. Now, three of the four charges against him have been dropped, but the remaining one is moving forward in the legal system.

The man is Dennis Gregory Rother, 26, of 383 Holly Corner Road, and he visited the woman, May 23, in the 12100 block of Elm Forest Way. Then, said police, he allegedly carried her into a bedroom, ordered her to disrobe, blocked her door with a piece of furniture and smashed several things inside the apartment.

Police said he then had the woman get dressed again and, at knifepoint, he reportedly forced her to drive him away in a car. But she was able to get a patrol officer's attention, escape from the car and run to the officer.

Rother was arrested and charged with aggravated sexual battery, abduction, felony destruction of property and assault. Last Tuesday, Sept. 15, in General District Court, Judge Penny Azcarate certified his abduction charge to the grand jury. All his other charges were dropped.

Sexual Battery Charge Reduced

On June 7, Fairfax County police charged Victor Ramirez-Giron, 29, of no fixed address, with sexually assaulting a woman, 20, that morning, in a Fair Lakes parking lot. Police said he allegedly grabbed her and forced her between two parked cars. But other people came to her aid when she screamed and held him until officers arrived and arrested him.

Ramirez-Giron was charged with aggravated sexual battery and abduction with intent to defile. On Sept. 1 in General District Court, the sexual-battery offense was reduced to assault and the abduction charge was dropped.

SEE ROUNDUPS, PAGE 4

NEWS



The Clifton band, Not Dead Yet, featuring Kevin Maney, Mark Holmes, Mac Bollman, Phil Hamm and Henry Dudek, will be performing at Centreville Day.

Centreville Day Is This Weekend

FROM PAGE 1

Inline Hockey and the Jim Moyer Circus Club. Children are welcome to decorate their bikes, scooters, wagons, etc. and join the parade, too.

The procession leaves Colin Powell Elementary at 10 a.m. and travels along Leland Road to Braddock Road in the Historic District. Great views can be had along Leland Road in Faircrest, along Pickwick Road and Wharton Lanes and in the festival area of the Historic District.

Then, from 11 a.m.-6 p.m., people of all ages may enjoy a variety of activities in the Historic District, off Route 29 and Braddock and Mount Gilead roads. Free parking and shuttle buses to the event are available at 5860 Trinity Center Parkway (same lot as Starlight Cinema).

“Centreville Day is an opportunity for the community to showcase itself,” said Supervisor Michael R. Frey (R-Sully). “Community groups, youth groups, schools, churches — all the different elements of our community get to put themselves out in front of thousands of people. It’s also a chance for residents to explore everything the community has to offer. It’s a chance to have fun, meet new people and make new friends and to celebrate both the history and the future of Centreville.”

Event co-chairs Cheryl Repetti and Felicia Owens-Smith, both of the Centreville Community Foundation (CCF), say this year’s celebration should be better than ever and offer something for everybody. For example, among the eye-catching participants will be the Topaz Vaulters, behind the Harrison House, at the corner of Mount Gilead and Braddock roads.

“People stand on horseback and do tricks while riding,” said Repetti. “And in between performances, they’ll offer pony rides, plus a petting zoo with goats, rabbits and chickens.”

In recognition of Centreville’s becoming a melting pot of residents from many different countries and ethnic backgrounds, the theme of this year’s Centreville Day is “Celebrating Our Diversity: Centreville at the International Crossroads.” Performing at the Justice Title Showmobile on Mount Gilead Road, opposite the historic Sears House, will be:

Furia Flamenca, doing Flamenco dancing; the Christian Dream Youth Orchestra and Karis String Ensemble, a mainly Korean children’s orchestra; the Peace Mission Dance Group, doing traditional Korean drum dances; the International School of Dance,

performing Latin and Middle Eastern dances; the Korean Central Presbyterian Church dance team; the Bull Run Cloggers and the Creative Dance Center Performing Troupe, an award-winning dance school. Bands performing are Anne Albright and the All Star Jazz Band, and the local rock group, Not Dead Yet.

Children’s activities will be near the stage. In the Kid Zone will be inflatables from JumpWorks. In the adjacent Play Zone, Boy Scouts from Troop 670 will offer carnival games, popcorn and Sno Cones.

Special treats are also in store for history buffs, and even for those who aren’t. Centreville resident Charlie Anderson of Swordmasters of the 18th Century will dress in period costume and discuss the development of weaponry, including swords. He’ll be on the Mount Gilead House lawn and will fire a cannon and give children demonstrations in fencing.

Encamped nearby will be the Civil War re-enactors of the 42nd Virginia Infantry. They’ll involve specta

SEE CENTREVILLE DAY, PAGE 5

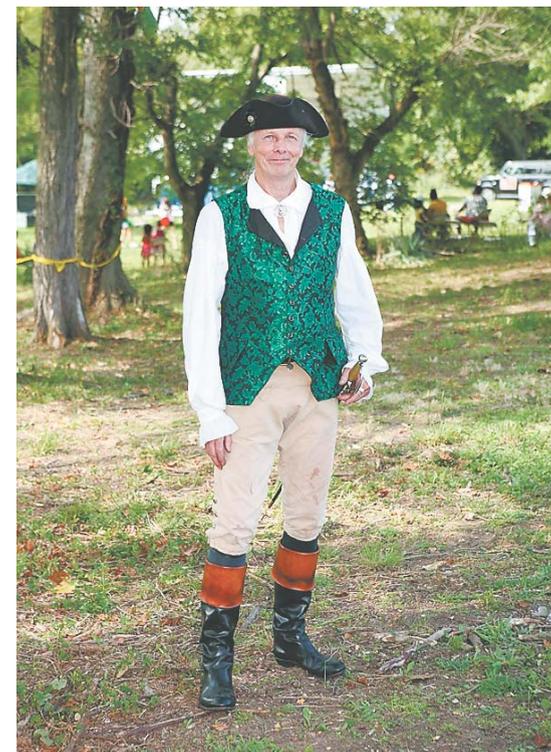


PHOTO BY AMANDA PAGON

Centreville resident, and swordmaster of the 18th Century, Charlie Anderson.

ROUNDUPS

FROM PAGE 3

Alcohol Sting Nets Two Arrests

Fairfax County police last week made two arrests at local businesses for alleged sales of alcohol to minors. The businesses were: CVS Pharmacy, 13031 Lee Jackson Memorial Hwy. in Chantilly, and A Plus Mart, 12730 Shops Drive in Fairfax.

On Friday, Sept. 18, officers from the Fair Oaks District Station, plus a member of the Traffic Safety Services unit, conducted business compliance checks at several locations in Fair Oaks. The sting was part of the ongoing Youth Alcohol/Business Compliance enforcement campaign conducted using a county police cadet dressed in plain clothes to purchase alcohol. Of 21 businesses entered, arrests were only made at the two cited.

Fair Oaks CAC To Meet

The Citizens Advisory Council of the Fair Oaks District Police Station will meet Tuesday, Sept. 29, at 7 p.m., in the roll-call room of the police station. It's at 12300 Lee Jackson Memorial Highway in Chantilly.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Oct. 8 and Oct. 22, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors have enough time to properly instruct the caregiver on the proper use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Help WFCM Food Pantry

The Western Fairfax Christian Ministries (WFCM) food pantry is in great need of food to help serve its many clients in the local community. Especially needed are: Soup, canned meats and tuna, dry pasta, dried beans, oil, pancake mix, syrup, baked beans, Hamburger Helper, canned fruits and beans, and cake and frosting mixes.

Also needed are size 5 diapers and toiletries, as well as flour, sugar, fruit juice, dried beans, hot cereal, coffee, tea, condiments, and canned evaporated and sweetened condensed milk. Items may be brought to the food pantry at 13981 Metrotech Drive (near the Backyard Grill and Bar) in Chantilly.

Shelter Resumes Dog Adoptions

The Fairfax County Animal Shelter has reopened its adoption kennels. Following an outbreak of canine influenza, shelter staff spent weeks doing comprehensive sanitizing procedures and careful isolation and quarantine of the dogs and were able to stem the outbreak.

The public is welcome to visit the animal shelter again at 4500 West Ox Road in Fairfax, on Saturdays, 10 a.m.-5 p.m., and Tuesday-Friday, noon-7 p.m. For more information about the shelter, or to view animals available for adoption, see www.fairfaxcounty.gov/police/animal/adoption.htm.

WFCM Needs Items, Volunteers

With the downturn in the economy, Western Fairfax Christian Ministries (WFCM) could use some help meeting its increased demand from local residents for food, clothing and financial aid. To make donations for the food pantry or thrift shop, to volunteer or to receive information on the next free budgeting class, call 703-988-9656.

Needed items in WFCM's thrift store include: Clothing for all ages, denim, coats and jackets, shoes, jewelry, accessories, seasonal items, furniture, linens, small appliances, books, music, movies, kitchenware, sporting goods and baby items.

NEWS

New Additions at Inova Fair Oaks

FROM PAGE 1

and doctors, and we're all delighted about that," said Fitzgerald. "We want to keep this campus consistent with the idea of a community hospital — a high-quality medical center serving the community."

The new medical building opened this summer and is convenient and close to patients' homes and also the parking garage. Said Fitzgerald: "We'll put in an outpatient diagnostic center on the first floor, in the first quarter of 2010, plus a physical-therapy office and a spine-care center."

He said the surgical center will offer mostly scheduled, elective operations — the kinds of surgeries that "make sense for quick turnovers" — with patients going home, the same day. Procedures could include putting tubes in ears, plastic and cosmetic surgery, orthopedic surgery, knee repairs, carpal-tunnel surgery, urology and laparoscopic gallbladder removal.

"It gives us more capacity upstairs for inpatient surgery," said Fitzgerald. "We do a lot of spine, bariatric [for the morbidly obese], hip and knee surgeries."

Todd McGovern, area vice president of growth for Inova Fair Oaks Hospital, said many surgeons want to work at this hospital. "In a comparison of 300 hospitals across the country, physicians chose us as the best place to practice medicine, in terms of patient safety, quality care, and staff and administrative cooperation," he said.

"It's very prestigious to have such a groundswell of enthusiasm from the physicians," said Fitzgerald. "It's a great vote of confidence."

THE OUTPATIENT SURGICAL center is considered a separate entity from the hospital, but patients may be referred to the hospital, if necessary. McGovern said doctors also appreciate the new facility's convenience for them. For example, he said, "Physicians can see patients in the new medical building in the morning and then do surgeries in the hospital in the afternoon — and they don't have to drive across Northern Virginia to get to the hospital. Everything's in one location."

Sheree Lopez, administrator of the Ambulatory Surgery Center, is also pleased. Giving a tour of it, she said, "There are no overnight stays. Today, we did a back surgery and the patient went home. We can do general surgery, such as hernia repairs, or breast lumpectomies."

She said a majority of the patients will come from orthopedic surgeons. "We have lots of sports-medicine physicians on hand," said Lopez. "We'll do, for instance, arthroscopies, in which a scope is put in to see problems with joints — elbows, knees, shoulders — and repair them. One physician did three of them today."

Some of the surgeons are based in the new building, but most aren't. "The beauty of this center is that, when patients go to a hospital, they often think, 'I'm sick,'" said Lopez. "But when they see a free-standing building, they think, 'I'm well; I'm just going in for a repair.' So we treat them that way and encourage them to wake up quickly and do the ma-



From left: Certified Surgical Assistant Adrian Jones and Clinical Director of Nursing Linda Frix stand by a monitor that shows videos of surgical procedures.

jority of their recovery at home — because you feel better when you're home."

She said detailed instructions are given to the adult caregiver on what to look for and how to treat the patient at home. So, said Lopez, "We do a lot of education in the process. We also bring families to the pre-op area and the recovery area, as soon as possible, because we find patients recover much quicker once they see their families. For our pediatric patients, one parent can go into the O.R. with them and hold their hand or rub their head while they go to sleep. Then the parent leaves, but the child goes to sleep and wakes up calm, and the parents feel better, too."

The new surgery center has been a dream of Fitzgerald's for 10 years, and Lopez said the surgeons are also happy because it opens up more operating-room time in Northern Virginia. Similarly, said hospital spokeswoman Susan Tulino, "It's a great benefit to patients who don't have to wait as long to schedule major surgeries in the hospital."

THERE ARE THREE procedure rooms, plus two phases of recovery rooms. Phase one is for patients who've had a general anesthetic and need to be monitored while they recover. In phase two, patients may sit up, have ginger ale and crackers and be visited by friends and family.

Certified Surgical Assistant Adrian Jones calls it a nice, well-run place. "This is on the cutting edge of medicine, right now, because everyone wants in-and-out procedures," he said. "And it's a safe environment — we follow the same standards and procedures the hospital does."

"Everyone's well-trained," said Linda Frix, clinical director of nursing. "And so many of us have worked together before, so we have plenty of experience and it's a great team."

Jones said the staff can give special attention to details that may get lost in a hospital because of time constraints. "And it's reflected in the post-op phone calls when we hear from patients about their care," added Frix. "Our focus is patient satisfaction and positive outcomes."

Dr. Rick Layfield, an orthopedic surgeon from Clifton, agrees. "I'm excited to be able to practice in a friendly environment close to home," he said. "This is the kind of surgery I do — outpatient surgery — and these are my patients, and it's good to be able to bring them here."

PHOTO BY BONNIE HOBBS/CENTRE VIEW

Centreville Day Is This Weekend

FROM PAGE 3

tors in drills and fire muskets. Historic buildings including Mount Gilead, the Sears House and the Old Stone Church, will be open for tours

Parade awards will be given at the Showmobile stage. Presentations will also be made to a CCF Citizen of the Year and a Centreville Business Citizen of the Year. The latter award will be given for the first time.

"The Centreville businesses do so much, we wanted to recognize that category of community involvement, too," explained Repetti. "This year's recipient is Rayman Hamid, who owns Baskin-Robbins ice cream in Centrewood Plaza."

Possessed of a generous spirit, Hamid believes in helping others and giving back to his community. Last year, his store donated \$5,000 to nine local schools.

"He has tirelessly done fund-raisers for so many groups," said Repetti. "And he does it with such enthusiasm and obvious caring that it's a pleasure to work with him. There's probably not a [local] school or youth sports group for which he hasn't held a fundraiser."

The Citizen of the Year is Rita Koch, president of the Historic Centreville Society. "She's a native Centrevillian whose family goes back to the 1830s here," said Repetti. "We chose her because of her leadership in helping expand and preserve the Centreville Historic District. She's supported Centreville Day and its historical activities and helped preserve several, historic buildings. And she helped build and sustain a coalition of historic-preservation groups."

Also at Centreville day will be plenty of food to tempt the tastebuds. Austin Grill will offer charcoal-grilled steak and chicken fajitas; Bonefish Grill, Bang-Bang Shrimp; K.C. Catering, Korean Beef and Chicken Rice Bowls; and Mrs. P's Concessions, curried chicken, red beans and rice, funnel cakes and fresh lemonade.

Four-Legged Attractions

New to the festival are Animal Zones. In the Harrison House yard on Braddock Road, the Topaz Vaulters will astonish with feats of gymnastics and dance while on horseback. Performances will be at 11 a.m., 12:30 p.m., 1:45 p.m. and 3:30 p.m. In between shows, children may ride ponies and pet the goats and rabbits at the petting zoo.

Down Mount Gilead Road, next to the Sears House, will be dogs and cats at the Friends of Homeless Animals and Dogwood Sheltie Rescue booths.

BUSINESS NOTES

FACES Cosmetics and Spa in the Fair Oaks Mall in Fairfax is holding its second annual "Faces of FACES Model Search." Registration is ongoing and ends Oct. 31. Everyone 13 and older is eligible to enter. Judging is Nov. 1-13.

Come into the store in September or October. They will shoot a "before" photo of contestants, do a makeover and then shoot an "after" photo. Registration, the photos and the makeover are \$35. FACES is holding an awards party at the spa, open to the public, on Saturday, Nov. 14 from 5-8 p.m.

Call FACES Cosmetics and Spa in the Fair Oaks Mall at 703-385-2664.

In Celebration of Centreville Day, buy one massage and receive the second at half off. The offer ends Oct. 31. A half-hour massage is \$40, and a one-hour massage is \$70. Come in as a

new patient and receive all first-day chiropractic services for a \$15 donation. (The exam and therapy is a \$130 value). To support CASA, a local children's nonprofit. Centreville Chiropractic Center is located at 13880 Braddock Road, Suite 108, Centreville. Go to www.CentrevilleChiro.com. Call 703-266-0505.

Meet local business owners and build a business network through the BNI Business Roundtable. Meetings are Wednesdays at 8 a.m. at Eggspectation, 5009 Weston Plaza Dr., Chantilly. Cost is \$8 for Continental breakfast or \$12 for hot breakfast. Go to www.bnichantilly.com.

The Centreville Rotary Club has moved its meeting location from the I-Hop in Centreville to the EggsSpectations Restaurant in

Chantilly. The Rotary Club meets Tuesdays from 11:30-12:30 p.m. for lunch. There is a new guest speaker every week with topics ranging from estate planning to how the Rotary helps during emergencies. Contact Gregg Caldwell at gregg@gandcauto.com.

BLOC (Business Leaders of the Community) is celebrating its second anniversary as a business networking group. But this business networking group has a philanthropic role.

Currently BLOC has grown to two-chapter meetings in Chantilly and Dulles, but the group is looking to expand to other areas, so more people can network with each other and more good works can be done.

Call Debra Weeks - Alexander at 703-264-7711 or e-mail dawonlinenow@yahoo.com

Learn About Centreville's Past

The Old Stone Church at the end of Braddock Road, the Sears House on Mount Gilead Road (opposite the stage), St. John's Episcopal Church and the Mount Gilead House are open for tours. Centreville historian Mildred DeBell's exhibit of Centreville Day memorabilia can be seen at the Mount Gilead House.

❖ On the lawn at Mount Gilead, the Swordmasters of the 18th Century will fire their cannon and give child-friendly lessons in fencing. Civil War re-enactors of the 42nd Virginia Infantry will demonstrate drilling and musket firing.

❖ While at Mount Gilead, learn the techniques of Revolutionary War medicine from Nick Kalenich. Newgate, as Centreville was called in the Revolutionary War, was a center for recruiting soldiers. Civil War re-enactors Tony DiPalma and Bernadette Klima will be roaming throughout the festival to greet and inform visitors. Like an estimated 400 women during the Civil War, Klima portrays a woman masquerading as a man in order to be a soldier.

❖ Sully District History Commissioner Debbie Robison will give 45-minute tours of the Historic District at 1 and 4 p.m. And at 2:30 p.m., Civil War author Michael O'Donnell will conduct a tour of the area's defensive earthworks built by Confederate soldiers. Wear comfortable covered shoes. Both tours start near the Inside Scoop broadcast tent in front of St. John's.

Guata Java's bringing specialty Guatemalan coffees, Chick-Fil-A, chicken sandwiches or nuggets; and the Old Stone Church, bread, cheese and fruit, plus a baked-goods sale.

Offerings from crafters and retailers include Pashmina shawls; fragrance oils; Indonesian and Malaysian batik clothing; handmade jewelry, furniture, blouses and home décor from India; natural soy candles, honey soaps, goat's milk lotion; children's books, multilingual stories; Greek sweets; baskets and pottery. Nonprofits and other businesses will have informational booths.

Channel 10's Inside Scoop will do a live Webcast. Tune into www.centrevilleVA.org, see what's happening at Centreville Day and come be part of the show. Broadcast tents will be at St. John's Episcopal Church.

"It takes months of work to coordinate all the different elements and make everything come together," said Repetti. "There are always new ideas you want to bring in to keep it fresh, but that brings new challenges. For example, this year we have horses — but also people shooting off cannons and muskets — so we have to have a firing schedule. Best of all, though, is working with people in the community who give their time and talents to support this effort."



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Date: October 16, 2009

Time: 6:30pm—9:30pm

Location: Fairview Park Marriott

Attire is business professional

NO TICKETS REQUIRED

(financial contributions appreciated)

Pre-registration is mandatory • RSVP by October 5, 2009



Featuring special keynote speaker B.J. Weber, former Chaplain for the New York Yankees!

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www.MerrifieldGardenCenter.com

On Political Signs

A little local enforcement would go a long way.

Candidates for public office uniformly define themselves as law-abiding citizens with the public good at heart.

So why then does virtually every candidate allow or encourage their campaign workers to violate the law by posting hundreds of signs in the public right-of-way in the medians of major roads?

Political signs on private property, homes and businesses, are part of good political discourse. The person who owns the home or business is endorsing a candidate in a powerful way.

Political signs which are not on private property are almost all illegal.

Political signs in roadway medians simply scream that the candidate in question has enough money to print signs and pay staff members to put them up. Certainly some signs are put in medians by enthusiastic volunteers.

Meanwhile it is not OK for a citizen to take down political signs even if they are illegally in the public right-of-way.

A little local enforcement, citing candidates

for violations with an accompanying press release while removing the illegal signs, would go a long way towards curbing this unsightly practice.

Register, Vote

The deadline to register to vote or update your address for the Nov. 3 election is Monday, Oct. 5. To register to vote, download a form from:

www.sbe.virginia.gov/cms/Forms_Publications/Index.html

Fill it out and mail it to your local elections office, along with a copy of a photo identification or current utility bill, bank statement, government check, paycheck, or other government document that shows your name and address.

You can also register in person at the elections office during business hours or at the DMV, or you pick up a form in a library or other public places.

After you register, you will receive confirmation and a voting card in the mail. You can call the elections office to verify that you are registered.

To find your polling place, go to www.sbe.virginia.gov and click on "voter information." Polling places will be open from 6

a.m. to 7 p.m. on election day, Tuesday, Nov. 3. Check with your local elections office for information on absentee voting.

Absentee Voting

Virtually any Virginia voter can vote ahead of time in person or by mail if for any reason you expect to be away from home, including commuting to your job, on election day. You can mail in an application for an absentee ballot by downloading it at www.sbe.virginia.gov/cms/Forms_Publications/Index.html. A ballot will be mailed to you for you to fill out and mail back.

Or you can vote early in person at the local elections office and some satellite locations. Call the registrar or check the Web site for hours.

In Fairfax County

Fairfax County Office of Elections
12000 Government Center Parkway,
Suite 323
Fairfax, VA 22035-0081
www.fairfaxcounty.gov/eb/
703-222-0776 phone
703-324-2205 fax
703-324-4700 for 24-hour information

Can't Live in the Past

To the Editor:

I learned early in my childhood that the world held different rules for girls and boys. Title IX was a thing of the future — intramural competitive sports were unavailable to girls; in gym class we were taught a wimpy form of basketball. It was widely anticipated that we would marry and leave the workforce as soon as the babies came along; that our husbands would be the family breadwinners; and that if we wanted to re-enter the workforce after our children grew up, it would be totally our option (the assumption being that the need to earn a living and support a family would not be a factor; our husbands would take care of that).

It was a world Bob McDonnell would surely love. Too bad (for him) he couldn't keep it preserved in amber.

The world changed. Women entered the workforce in record numbers (in fact, in today's recession-battled nation, there are reports that women in the workforce will soon outnumber men). We became doctors, lawyers, and corporate executives. We hold high positions in government and academia. And we have often been the breadwinners. Equality has been, and continues to be, our aim.

The question is, has Bob McDonnell changed? His now-famous thesis was written in 1989, long after the start of the "Women's Movement." He was in his mid 30's at the time. And his tenure in Virginia government shows that he championed many of the reactionary tenets that were outlined in his thesis.

If Bob McDonnell were to assume the governorship, there is a genuine fear that he would pursue an agenda that would move Virginia back towards the pre-women's- equality days of my youth.

B. Jacob, Clifton

Proper Compromise

To the Editor:

National Health Care has been intensively debated during August. After its recess Congress resumes its session, with the need to decide this and other very important issues.

Incorporation of a public health insurance policy is a major question. Democrats believe that this is essential to control the cost of government. Republicans think that it would lead to socialized medicine, thereby ruining the country.

Some Republicans believe that the acute deficiencies including the high cost of our present health care system can be corrected without the public option, but, in their spirit of compromise and cooperation, they have offered to accept it, but only after delaying it for five years in a trial period. They say that this would allow, or rather, encourage the health insurance industry to reduce costs and get their house in order.

I do not usually agree with Republican views, but I would tend to agree — almost — with this proposal. I would insist, however, that the sequence be reversed: the public option must be included in the health care bill, and should take effect immediately. Then Republicans and Democrats, after a five-year trial period, could review the happenings and could pose changes perceived to be needed. By then all should know if health care costs were under control, or otherwise.

This seems to me to be the proper compromise — legislators are always looking for one. It should make Democrats and some Republicans happy, and could produce enough votes in Congress to easily pass it. Americans could then live happy and healthy lives, at peace with one another, ever after.

Larry Baldwin
Centreville

Economic Support

To the Editor:

Our best ally to create new jobs and strengthen the Virginia economy is Del. Chuck Caputo. I write to support his reelection because we need his experience for the 67th district. In his legislative efforts to bring new jobs to Virginia and specifically to Northern Virginia, Delegate Caputo introduced legislation to give a \$1,000 tax credit per job to new companies. This applies to new companies and is good for two years with a work force of 100 or more.

In addition, Delegate Caputo recognizes that today's technology is tomorrow's economic gain. That is why he voted to attract jobs in the widely expanding field of bioscience. Delegate Caputo knows that new jobs require new skills. He voted to support the Clean Energy Manufacturing Incentive Grant Program in contrast to those in the legislature that wanted to cut \$2 million from the program. Virginia's workers deserve an opportunity to acquire the tools to compete in the new economy. They need support to get those tools. That is why Delegate Caputo supports providing adequate unemployment benefits for workers that have been laid off because of issues that were not of their own making. He wants to make sure that their families can make ends meet until they can gain reemployment.

In all of these ways and more, Delegate Caputo has responded and taken action to create jobs. He is needed back on the job for us to ensure that Virginia can move forward. I support Chuck Caputo and urge other voters to vote for him on Nov. 3.

Linda Chernisky
Fairfax

SCHOOLS



Sharing Books

Local author and parent Dale Alderman visited Poplar Tree Elementary. Students in grades 4, 5 and 6 were mesmerized while he talked about his books, "Everyday Dad," a collection of funny stories about fatherhood and "Megadog Tales," a middle grade adventure about a cocker spaniel that becomes a superhero. Alderman has appeared on Fox and Friends on the FOX News Channel and many nationally syndicated radio shows. For more information about Alderman, go to www.lasariacreative.com.

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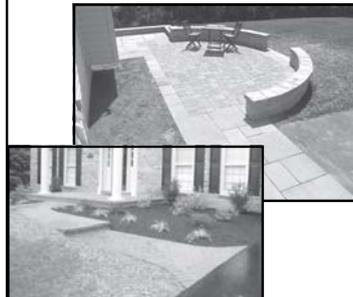
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11:00 am Contemporary Service

Bible Study
9:30 am & 11:00 am

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Saint Andrew Lutheran Church

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Adult Bible Study: Wed. 9:30 a.m.

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and to serve the Lord*

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www.saintandrewlc.org
703-830-2768

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15109 Carlbern Drive Centreville, VA 20120

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Worship- 10:30 a.m.

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Centreville United Methodist Church

Sunday Worship Services
8:15 AM
9:30 AM
11:00 AM
Contemporary Service in the ROC
11:02 AM

Worshiping God ~ Serving Others

703.830.2684
www.centreville-umc.org
6400 Old Centreville Road, Centreville VA 20121
Corner of New Braddock Road & Route 28

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Sunday School:	9:00-9:45 AM
Worship Service:	10:00 AM
Children's & Youth Church:	10:00 AM
Youth Minister: Rev. Bobby Joe Ford, Jr.	
Wednesday Bible Study (Includes Youth Classes)	7:00-9:00 PM

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Administrative Office:
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Centreville, VA 20120
Phone: 703-830-8769
Fax: 703-830-6718
Website:
www.mountolive-church.org
Email:
mtolive@mountolive-church.org

Rev. Dr. Eugene Johnson, Pastor

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CENTREVILLE

Centreville United Methodist Church

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CONNECTIONS

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www.centreville-umc.org
6400 Old Centreville Road, Centreville, VA 20121
Corner of New Braddock Road & Route 28



WORTH NOTING

To have community events listed in Centre View, e-mail to centreview@connectionnewspapers.com. Call Steve Hibbard at 703-778-9412.

ONGOING

Craft Vendors are needed for the Holiday Bazaar and Craft Fair on Saturday, Nov. 14 from 9 a.m. to 3 p.m. at Centreville United Methodist Church, 6400 Old Centreville Road. Leased spaces for vendors are going quickly. Book your vendor space now! Contact novemberbazaar@hotmail.com or 703-830-2684.

The **Centreville Farmers Market** will be operating every Friday until Oct. 30 from 3:30-6 p.m. at 5885 Trinity Parkway, Centreville. Vendors will change throughout the season.

THURSDAYS

Hope for Today Al-Anon Family Group. 7:15 p.m. Help for friends and family of problem drinkers. At Centreville Presbyterian Church, 15450 Lee Hwy., Centreville. Go to www.AlAnonVA.com.

THURSDAY/SEPT. 24.

The Brookfield Civic Association quarterly meeting. 7:30 p.m. At Brookfield Elementary School. Go to www.brookfieldcivic.org.
Social Security Talk. 6:30-8 p.m. Everything You Need to Know But Were Afraid to Ask. Presented by David Milton, Social Security Administration. At Ameriprise Financial, 5870 Trinity Parkway, Suite 100, Centreville. RSVP to Christopher D. Allen at 703-825-2382.

SATURDAY/SEPT. 26

Neighborhood Yard Sale. 8 a.m. to 1 p.m. More than 100 houses participate in the Fair Lakes Glen neighborhood, off of Stringfellow Road between Westbrook and Autumn Willow, one block from the intersection of Stringfellow and Lee Highway.
Fall Festival. 11 a.m. - 10 p.m. Games, prizes, moon bounces, food, and more. At St. Veronica Catholic Church, 3460 Centreville Road, Chantilly.
Cox Farms Fall Festival. Over 90 acres of farmland attractions, five giant slides; unlimited hayrides; rope swings; farm animals and their babies; the Cornudrum Cornfield Adventure; straw tunnels; goat village; live entertainment; and a patch pumpkin. Also two new kids' features: Kiddie Zone and Animal Helpers. Admission is \$15 on weekends. The Fall Festival runs now thru Nov. 8. Hours are 10 a.m. - 6 p.m. Sept. 19- Nov. 1, and 10 a.m. - 5 p.m. Nov. 2-8. Cox Farms is at the intersection of Braddock and Pleasant Valley Roads. Go to www.coxfarms.com.

SEPT. 25-27

Capital Home Show. More than 500 home, design and remodeling experts will be at the Dulles Expo Center in Chantilly. Hours: Friday 10 a.m. to 9 p.m.; Saturday 10 a.m. to 9 p.m.;

Sunday 10 a.m. to 6 p.m. At Dulles Expo Center, 4368 Chantilly Shopping Center, Chantilly.

SATURDAY/SEPT. 26

18th Annual Centreville Day. Parade at 10 a.m. opening ceremonies at 11 a.m. Entertainment by the Bull Run Cloggers, International Dance Center, Christian Youth Dream orchestra, Furia Flamenca, Creative Dance Center, Peace Mission Dance, Korean Presbyterian Church Dance Team, and Anne Albright and the All-Stars Jazz Band, and the Not Dead Yet Rock Band. Also, KidZone and Moonbounces by The JumpWorks, pony rides and petting zoo, historic tours of Centreville, Mount Gilead, Civil War Forts, Living History Medicine Man, 42nd Virginia reenactors and swordmasters. Performances by the Topaz Vaulters, and more. To be held in Centreville's Historic District, Mount Gilead Road, Centreville.

Greenbriar Community Yard Sale. 8 a.m. to 2 p.m. Many of the 1,900 homes in the community will participate. Greenbriar is on Route 50 west of the Fairfax County Parkway. The community is also accessible from Stringfellow Road at the intersections of Melville Lane, Poplar Tree Road and Point Pleasant Drive.

Fall Festival. 11 a.m. to 10 p.m. Games, prizes, moon bounces, food, and much more. At St. Veronica Catholic Church, 3460 Centreville Road, Chantilly.

Friends of the Poor Walk. 10 a.m. At Frying Pan Park. Will benefit the local poor through St. Timothy's Society of St. Vincent De Paul. Proceeds go to relieve the suffering of those in need of food or financial assistance. Register to walk or sponsor a walker at: www.svdpfriendsofthepoorwalk.org. (To register as a walker on this site click on 'Become A Walker' and type 'St. Timothy' in the search box/click search and scroll down 8 items to St. Timothy Chantilly, VA and click the blue Set button on the left to register). Due to the national scope of 'The Friends of the Poor Walk', it is necessary to specify which conference/area you wish to support. To assist the poor in Centreville, go to St. Timothy Conference/Diocese of Arlington/Chantilly, VA. Or mail a contribution to: St. Timothy SVDP Conference, 13807 Poplar Tree Road, Chantilly, VA 20151. Contact Terri Miller at sttimothys.svdp@gmail.com.

MONDAY/SEPT. 28

Study Spiders. 2:30-3:30 p.m. Discuss other meadow creatures including unique species of spiders and insects during this Jr. Naturalists program. A spider craft project is included in the \$5 fee. At E.C. Lawrence Park's meadow. For children ages 7-11. E.C. Lawrence Park is located at 5040 Walney Road, Chantilly. Call 703-631-0013.

Flu Town Hall Meeting. 7 p.m. Dr. Gloria Addo-Ayenu, Director of Health, will be on hand to answer questions about pandemic and seasonal influenza. At the Sully District Government Center, 4900 Stonecroft Blvd., Chantilly.

SEPT. 28-29

Auditions. 7-9:30 p.m. The Alliance Theatre is holding auditions for its 2009 production of "A Christmas Carol." Actors will be given audition material but come prepared to sing (a capella) a verse from a favorite Christmas Carol or holiday song. At Mountain View School. E-mail ewilson16@cox.net to be put on the audition list. Go to www.thealliancetheatre.org.

TUESDAY/SEPT. 29

Rotary Meeting. 11.15 a.m. at Eggspectations, 5009 Westone Plaza, Chantilly, off Westfields Blvd. Prospective members and visitors welcome; \$12 lunch. Call Mary Ann Imgram at 703-966-8168.

SATURDAY/OCT. 3

Dulles Day Family Festival. 11 a.m. to 4 p.m. The Plane Pull pits teams of 25 people in a game of "tug of war" against a FedEx jet. Teams raise money to benefit Special Olympics Virginia. Visit www.planepull.com or call 703-359-4301.

Help Collect Seeds. 10 a.m. to noon. Help restore the health and beauty of the region by collecting native hardwood seeds at Cub Run RECenter in Chantilly as part of Growing Native's initiative to restore the lands and waters of the Potomac. Go to www.growingnative.org or contact Deanna Tricarico, Outreach Coordinator, at 301-608-1188, x204.

Tag Day at Centreville High. 10 a.m. to 3 p.m. Centreville High music students will be canvassing local neighborhoods asking for contributions. Donations will enable the music department to purchase uniforms, instruments, equipment, special music and first-rate guest instructors. If you are not home when CVHS students and adult volunteers come by, you can still send a 100 percent tax-deductible donation to Centreville High School Wildcat Band Boosters, c/o Centreville High School, 6001 Union Mill Road, Clifton, VA. 20124.

SUNDAY/OCT. 4

4th Dog Walk and Homecoming. Hosted by HART, which is hoping to surpass the 160 dog registrations and \$24,000 raised in 2008. Registration at 11:30 a.m. One-mile walk through Bull Run Regional Park Special Events area. Live music, the band Dawgz, vendor booths, agility and training and other demos. Visit <http://hart90.org/DogWalk2009.aspx>.

THURSDAY/OCT. 8

Navigating the Medicaid Maze: Waivers, Eligibility and Documentation. Noon to 2 p.m. Free seminar. At Sully Governmental Center, 4900 Stonecroft Blvd. Chantilly. Go to www.fairfaxcounty.gov/aaa, e-mail caregiver@fairfaxcounty.gov or call 703-324-5205, TTY 703-449-1186.



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3504 ROSE CREST LN	5	5	2		FAIRFAX	\$1,370,000	Detached	0.83		OAK HILL ESTATES
3498 ROSE CREST LN	5	5	2		FAIRFAX	\$1,300,000	Detached	0.83		OAK HILL ESTATES
12805 ROSE GROVE DR	4	4	1		OAK HILL	\$1,225,000	Detached	0.83		OAK HILL RESERVE
12401 ENGLISH GARDEN CT	4	3	1		OAK HILL	\$950,000	Detached	0.84		COPPER CREEK
3200 NAVY DR	5	4	1		OAK HILL	\$936,500	Detached	0.66		DARTMOOR WOODS
12804 NETHERLEIGH PL	5	5	1		HERNDON	\$910,000	Detached	0.35		OAK HILL MANORS
3211 SPRING RAIN CT	4	4	1		OAK HILL	\$830,000	Detached	0.25		OAKTON RIDGE
3131 OXFORD FOREST DR	4	3	1		HERNDON	\$825,000	Detached	0.83		OXFORD FOREST
13691 BLACK SPRUCE WAY	5	4	1		CHANTILLY	\$785,000	Detached	0.38		WALNEY WOODS
12819 SHADOW OAK LN	5	3	1		FAIRFAX	\$780,000	Detached	0.22		CENTURY OAK
3204 UPPER WYNNEWOOD PL	3	2	1		OAK HILL	\$760,000	Detached	0.83		WYNNEWOOD
12805 MISTY CREEK LN	4	3	1		FAIRFAX	\$760,000	Detached	0.33		CENTURY OAK
4807 WALNEY KNOLL CT	4	3	1		CHANTILLY	\$750,000	Detached	0.36		POPLAR PARK
12902 HARRINGTON CT	4	4	1		HERNDON	\$745,000	Detached	0.25		HAVERTHILL WEST
13188 ASHVALE DR	4	4	1		FAIRFAX	\$730,000	Detached	0.27		FRANKLIN MANOR
4624 SUTTON OAKS DR	4	4	1		CHANTILLY	\$725,000	Detached	0.36		SUTTON OAKS
4783 WALBERN CT	5	4	1		CHANTILLY	\$702,500	Detached	0.32		WALNEY ESTATES
3715 BROADRUN DR	4	3	1		FAIRFAX	\$695,000	Detached	0.18		CENTURY OAK
4111 HALSTED ST	4	4	1		FAIRFAX	\$650,000	Townhouse	0.04		CENTERPOINTE

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Contact: Karen Washburn
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All listings due by Mon. at 3 p.m.

Chantilly Man Sentenced to 60 Years

FROM PAGE 1

Police Det. Thea Haddix, of the Criminal Investigations Bureau, Child Abuse Section, detailed the case against him in an Aug. 1, 2008 affidavit to obtain DNA evidence from his person. She wrote that, on June 30, 2008, the girl "reported a rape that occurred on June 28."

The child was taken to Inova Fairfax Hospital where she was examined and forensic evidence obtained from her. On the day the affidavit was written, police obtained a sample of the father's DNA, which was later compared to that found on the evidence obtained from his daughter.

The father had a three-day trial, March 16-18, in Circuit Court and his young daughter took the stand and told a judge and jury what happened to her. Ultimately, the jurors found her father guilty of all three charges. They then recommended he pay a \$50,000 fine and serve 60 years total in prison — 25 years for abduction, 25 years for rape and 10 years for aggravated sexual battery.

He returned last Friday, Sept. 18,

for sentencing, and Assistant Commonwealth's Attorney Kelly Pearson asked the judge to impose the punishment the jury recommended, in its entirety.

"A child's parents are the people he or she should be able to trust," said Pearson. "But the defendant took an innocent child and taught her horrific acts, early in life. This victim is now in therapy, but the court won't ever really know the [full extent of the] damage inflicted on her."

Unlike other fathers, who call their children's names to have them do tasks, such as setting the table or taking out the trash, said Pearson, "When [this father] called his daughter's name, it wasn't to do chores. It meant, 'You're going to come into my bedroom and I'm going to rape you.'" Since he's maintained his innocence, the whole time, she said, "He believes he didn't do anything wrong, so rehabilitation to put him back into society would be a wasted effort. We asked the jurors what this crime was worth, and they told us. They heard all the facts and that's what they've decided."

Although none of what happened was the child's fault, said Pearson, "This little girl is going to live with this, the rest of her life. And he's shown so little remorse and compassion for his own flesh and blood, 60 years and a \$50,000 fine is what this defendant's punishment should be."

This whole matter has deeply divided the child's family, with her mother and her mother's family believing her, and her father and his kin taking his side.

"Those who support him believe this was a lie, so there's nothing I can offer mitigating this offense," said defense attorney Mike Sprano. He then asked the judge to sentence the father below the jury's recommendation "because juries don't have the [legal] expertise a judge has."

Sprano asked for a sentence of no more than the state sentencing guidelines of 14 years, eight months. Alternatively, he suggested, "Run the sentences concurrently for a total of 25 years. It would be sufficient to punish him and to deter him from doing any such acts in the future."

The father then pleaded with Judge White for leniency. "With all of my heart and spirit, I'm begging you to have mercy on me," he said. "Give me a chance to go back in society and prove that I'm not the horrible person they say I am."

But the judge had the last word. "You show no remorse and I can find no mitigating circumstances," he told the father. "You may have been seen as a person of value to others, but this jury found you were a monster to your own daughter."

Then, sentencing the man to 60 years in prison and ordering him to pay a \$50,000 fine, White said, "The jury's verdict should be upheld as the voice of the community for these heinous acts."

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SCHOOLS

Chantilly High will have its Homecoming Week Sept. 28-Oct. 3 with the theme "Knight at the Circus." Activities include:

❖ Monday, Sept. 28 — Disney day (Dress up as your favorite Disney character);

❖ Tuesday, Sept. 29 — '80s Day (Wear bright colors, leg warmers and cut-off sweatshirts); Powder Puff Football Game Seniors vs. Juniors at 7 p.m. (On football field);

❖ Wednesday, Sept. 30 — Superhero Day (Dress like your favorite superhero or make your own superhero costume);

❖ Thursday, Oct. 1 — Color Day (Seniors: green, Juniors: orange, sophomores: red, Freshman: blue, Teachers: purple);

❖ Friday, Oct. 2 — Blackout Day (Get your "Beat Hayfield" T-shirts and wear black); Pep Rally from 1 to 2 p.m. Homecoming Parade from 4:30 to 5:30 p.m. Taste of Chantilly from 5 to 6:30 p.m. (tennis courts); Homecoming Football Game at 7:30 p.m. (vs. Hayfield)

Halftime Show (crowning of court, dance team and band performances)

❖ Saturday, Oct. 3 — Homecoming Dance from 8:00 p.m. to 12 a.m.

Congratulations to the following students who were named semifinalists by the National Merit Scholarship Corporation for 2010. All semifinalists are eligible to compete for 8,200 National Merit Scholarship awards worth \$36 million, to be awarded in spring 2010.

❖ Centreville High School: **Matthew Lapuz**.
❖ Chantilly High School: **Stewart Bell and Megan Quetsch**.

❖ Fairfax High School: **Emily Schutz**.
❖ Robinson Secondary School: **Florence Ahn**.

❖ Westfield High School: **Lyssa Barton, Nicole Barton, Dharanish Gollamudi, Alex Hopkins, Kelly Koupash, and Jeeyun Park**.

Centreville High School's Back-to-School Night is Wednesday, Sept. 30 from 6:30-6:55 p.m. In the media center, activities include hands-on presentation of the online subscription databases. Subscription databases feature information from over 20,000 current and historical periodicals. The

CVHS Media Center also features a Reading Room and Video Viewing Room where students may study or view videos for research projects. The Media Center has access to 2,200 e-books. The CVHS Media Center will also host the annual in-school Book Fair during the week of October 4-9, and the annual Barnes and Noble Book Fair during the first week of December.

Tag Day at Centreville High will be held Saturday, Oct. 3 from 10 a.m. to 3 p.m. Centreville High music students will be canvassing local neighborhoods asking for contributions. Donations will enable the music department to purchase uniforms, instruments, equipment, special music and first-rate guest instructors. If you are not home when CVHS students and adult volunteers come by, you can still send a 100 percent tax-deductible donation to Centreville High School Wildcat Band Boosters, c/o Centreville High School, 6001 Union Mill Road, Clifton, VA. 20124.

The Westfield Athletic Boosters invites all WHS alumni to celebrate its 10-Year Anniversary and to attend its first Alumni Flag Football tournament and picnic. The Homecoming weekend is Oct. 3 from 10 a.m. to 2 p.m. at Westfield High School. Come to play, come to watch, or come to catch up with old friends! RSVP if you plan to attend. All WHS graduates are invited! Contact Lory Sasek at Lorsas@aol.com.

Jordan Leigh Schwindt of Clifton's Little Rocky Run neighborhood was named to The President's list at The University of South Carolina, Columbia, for both the Fall and Spring semesters last year. She was named after receiving a 4.0 GPA for both semesters. She is a sophomore now, majoring in Criminal Justice and is the recipient of a \$42,000 academic scholarship from the University and the J.P. Strom Scholarship for \$8,000 for her essay on "The meaning of Justice post Sept. 11, 2001." She is a member of Alpha Lambda Delta Honor Society and The National Society For Collegiate Scholars. She is a 2008 Graduate of Centreville High School and the daughter of Christopher F. and Lauren Schwindt of Clifton.

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A Mama That Can Knock You Out

Chantilly boxing trainer and mother of two Jennifer Salinas continues her climb up the featherweight division ranks.

BY REED S. ALBERS
CENTRE VIEW

Most post-pregnancy moms would refuse to divulge their weight to strangers, but for Jennifer Salinas, you can see it on the upcoming boxing card set for Sept. 26 at the Patriot Center in Fairfax.

Fighting out of Manassas, the 5-foot-3, 124-pound featherweight is one of the region's premier boxers. In her eight-year career, Salinas has accumulated a 10-1 record with four knockouts.

As the only female trainer at L.A. Boxing in Chantilly and Reston, Salinas spends most of her time in the ring, but her training regimen for an upcoming fight with Caitlin Dance (2-5, 1 KO) includes one ritual she never fails to follow.

"I wake up at 4:40 a.m. and change my son's diaper," Salinas said. "It's always packed, so I make sure to do it first."



Mother of two Jennifer Salinas has returned to fighting after the birth of her children. "I think about [my family] when I'm in the ring," she said.

Salinas juggles raising her three children — stepdaughter Leticia, 10, Jaida, 5, and 8-month-old John Paul — while attempting to



PHOTOS BY CRAIG STERBUTZEL/CENTRE VIEW

Jennifer Salinas earned a third round knock out in her featherweight bout in May after the birth of her second child. Her current record is 10-1 with four knockouts.

secure a title bout.

"It's tough balancing school, family time and boxing," she said. "But it's worth it."

Balancing tough life situations isn't foreign to Salinas. Her boxing career has been full of challenges such as overcoming sexism in the boxing ring and returning to fighting shape after two preg-

nancies.

At 19, Salinas stepped into a boxing gym despite fears of ridicule from male boxers.

"I never felt like I belonged [in any sport] until I started boxing," she said. "I always saw myself as a boxer, but I was scared of being laughed at because I was a girl."

The laughs stopped when Salinas proved she wasn't boxing for her health.

nas proved she wasn't boxing for her health.

"They didn't take me seriously in the beginning," she said. "I was the only female in the gym. A lot of people take boxing classes to lose weight, but I wanted to fight."

Salinas chased her boxing dream as far as Las Vegas, where

SEE MAMA, PAGE 15

Westfield Falls to Lake Braddock in Defensive Battle

Bulldogs held to three points on offense in 10-9 loss.

BY REED S. ALBERS
CENTRE VIEW

Westfield High School senior quarterback Danny Fenyak can't beat his friend and wide receiver Aaron Scoville in the Madden NFL Football video game. When it comes to working together on the actual gridiron, however, the two rack up yards as if they are playing as one.

"We're just always throwing the ball around together," Fenyak said. "We hang out a lot, watch football together and I think it helps us on the field."

In Westfield's 10-9 loss against Lake Braddock Secondary School on Sept. 17, the two seniors showed the strong connection they have on the field by spearheading the Bulldogs' offense.

Fenyak amassed 195 passing yards, went 15 for 33 and com-

pleted eight passes to Scoville for 118 yards, a season high for both players.

The strong chemistry isn't just the result of two friends spending time together, but also a product of a summer's worth of hard work.

"I've worked out with [Scoville] all summer," Fenyak said. "We hang out on the weekends. In our passing tournaments, I must have thrown 20 touchdowns to him. He's just been my man all summer."

Scoville's right-place-right-time receiving isn't a fluke. The Bulldogs practice plays that play to Scoville's strengths.

"We have timing routes and I just know when [Scoville] is going to get to [the right place]," Fenyak said. "It's what we work on all the time together."

Scoville agreed that the time spent working in the offseason had paid off.

"It helps that we're hanging out after school," Scoville said. "We can tell what each other are thinking out there. It helps with our timing."

ALTHOUGH THE BULLDOGS were able to rely on Fenyak and Scoville to produce, Westfield's offense was stymied by Lake Braddock's defense.

"We just didn't get the ball in the end zone," Head Coach Tom Verbanic said. "We must have had 15 first downs, but we couldn't get it in."

The Bulldogs lone touchdown came from an interception return by junior defensive back Harry Van Trees, but the Bulldogs were unsuccessful in developing a running game to complement the passing game.

"We put together some good drives," Fenyak said. "We just couldn't finish them. We were

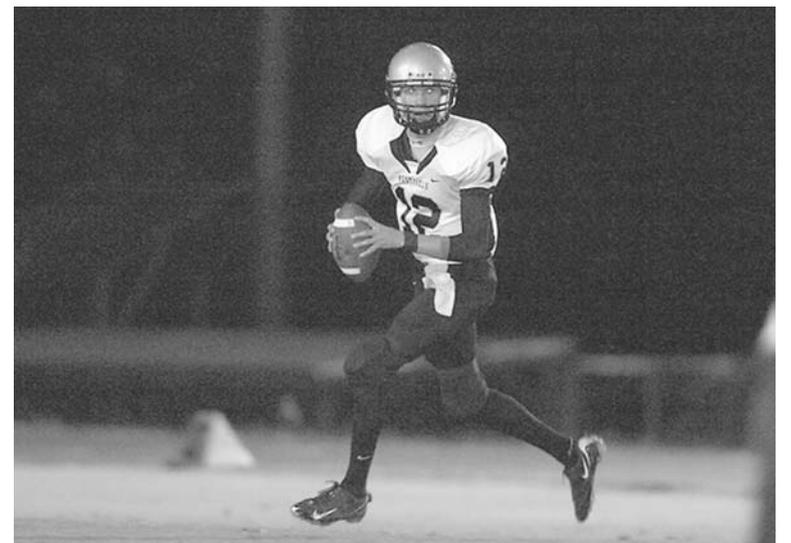


PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

Westfield quarterback Danny Fenyak threw for 195 passing yards in the Bulldogs 10-9 loss to Lake Braddock.

throwing the ball well, but we couldn't establish the running game."

The Lake Braddock game was expected to be a shootout considering that the Bruins had scored 80

points in two games, but the Bulldogs were able to hold the Bruins to only one rushing touchdown.

"I was very surprised that the score wasn't higher," Fenyak said.

SEE WESTFIELD, PAGE 15

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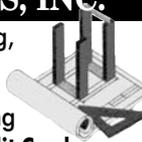


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SPORTS

A Mama That Can Knock You Out

FROM PAGE 12

she trained under Floyd Mayweather Sr., but said the training didn't work out the way she hoped it would.

"It was hard and it wasn't my time," she said. "I jumped in too soon."

Salinas returned to Virginia and enlisted the help of former boxer and local boxing instructor Daniel Attah.

"He's a world-class fighter and I trust him with my career," she said. "I've tried the best-of-the-best and I wasn't happy with it. If I had an opportunity to go back to Vegas, I don't think I'd take it."

The obstacles didn't end with leaving Mayweather and Las Vegas. Two pregnancies hindered Salinas' boxing breakthrough.

"It seemed like every time my career took off, I would get pregnant," she said.

Although she didn't stop her training, Salinas said she worked out while she was pregnant.

"I would work out until the day I was due," she said. "You could tell I was pregnant while I was working out, but it made it easier [to come back]."

With support from her husband, Ernesto Guevara, and her family, Salinas never lost sight of her boxing dream.

"It's hard having a family and boxing," she said. "But [Ernesto] provides for the family, my mother looks after the children and I look after my boxing."

Some in the boxing community questioned whether Salinas could return to the ring. Attah, however, said he is training a winner.

"In the past she was not taking her career seriously, but she is [focused] with me," Attah

said. "She's very talented. She's one of the best female fighters out there. If she wants to, she can be the best female fighter out there."

In her return match after giving birth to Jaida, Salinas proved her critics wrong with a victory.

"I was in the ring three months after I had my daughter and I won," she said. "I lifted her up and showed her to the crowd. I was yelling at them, 'I'm still here!' I had six-pack abs and it just showed everyone that I was serious about boxing."

Salinas successfully returned to the ring after her second pregnancy in May 2009, winning her match in the third round with a knockout.

The May victory is one reason Ice Promotions Publicist Brian Bishop believes that area boxing fans will be intrigued by the Sept. 26 match, which also features local boxer Jimmy Lange on the main card.

"She's got a hell of a jab and she's expecting to compete for a title shot soon," Bishop said. "Her story is just incredible. We're expecting a great fight from her."

Salinas said she hopes she inspires other women to take up the sport for health and competitive reasons.

With the support of her family and trainer, Salinas is striving for greater success in the featherweight division.

"I think about [my family] when I'm in the ring," she said. "I want to make sure that all this training and time away from them is worth it. My family makes me stronger. If I wasn't a mother, I don't think I'd be [this] dedicated to boxing."

Westfield Falls to Lake Braddock

FROM PAGE 12

"Woodson put 43 points on them the week before."

Despite the struggles on offense, Verbanic said he was proud of his defense's ability to stop the high-scoring Bruins' offense.

"I thought our defense was tremendous," Verbanic said. "[The defense] played their hearts out and worked as hard as they could work. We're going to go back to work again, but we just did a tremendous job."

Fenyak said that he felt the offense needed to do a better job of supporting

the defense.

"We just need to score," he said. "Our defense was playing so well and held such a great offense to only three [of the team's 10 points]. We really needed to help them out down the road."

ALTHOUGH WESTFIELD'S two losses have come from small margins, Scoville said he is confident the team is headed in the right direction. "We just need to get back to work," Scoville said. "We could be 3-0 as easily as we are 1-2."

A life of ease is a difficult pursuit.
—William Cowper

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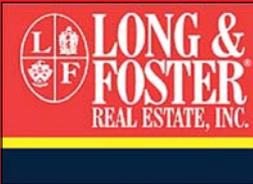
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